

# Mastering the Scales

For The Key Studies of Dr. Jesse Orth

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*“In order for musicians to perform at their highest level, scalar mastery is required. Mastery, simply put, is complete control. You know the quality of the performance before the performance begins. It is a continual process of renewal, rather than a destination. Mastery is not easily attained, but always treasured by its owners.”*

Process:

Select a list of scales to be mastered. Run each through and give them a ranking:

1. Mastered [you can play it 100% correctly on the first time]
2. Learned [you can play it 100%, but take multiple attempts]
3. Unlearned [you cannot play it 100% on any attempt]

After ranking the scales, work on the scales most in need. Your goal is to start with 3's and move 3's to 2's, and 2's to 1's. This allows you to focus the majority of your efforts in the places of great need. Throughout the week, start to notice trends in scale mastery

Date:									
B flat	Scale								
	3rds								
	Arpeggio								
E flat	Scale								
	3rds								
	Arpeggio								
A flat	Scale								
	3rds								
	Arpeggio								
D flat	Scale								
	3rds								
	Arpeggio								
G flat	Scale								
	3rds								
	Arpeggio								
C flat	Scale								
	3rds								
	Arpeggio								
E	Scale								
	3rds								
	Arpeggio								
A	Scale								
	3rds								
	Arpeggio								
D	Scale								
	3rds								
	Arpeggio								
G	Scale								
	3rds								
	Arpeggio								
C	Scale								
	3rds								
	Arpeggio								
F	Scale								
	3rds								
	Arpeggio								

